

## session 6: **handout** WHOSE JOB IS IT?

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### **Newborn to One Year Old (Infants)**

- \_\_\_\_\_ Helping deliver the baby
- \_\_\_\_\_ Changing the baby's diaper
- \_\_\_\_\_ Feeding the baby with a bottle
- \_\_\_\_\_ Getting up at night to care for the baby
- \_\_\_\_\_ Cleaning up after the baby spits up on you
- \_\_\_\_\_ Taking care of the baby when you are sick
- \_\_\_\_\_ Figuring out what is wrong with a crying baby
- \_\_\_\_\_ Handling a baby who won't let you put her down because she is afraid of strangers
- \_\_\_\_\_ Dressing the baby
- \_\_\_\_\_ Playing with the baby
- \_\_\_\_\_ Taking the baby to the doctor or medical clinic

### **One to Three Years Old (Toddlers)**

- \_\_\_\_\_ Teaching your child new words and sentences
- \_\_\_\_\_ Dealing with temper tantrums
- \_\_\_\_\_ Toilet teaching/training
- \_\_\_\_\_ Playing with your child
- \_\_\_\_\_ Reading to your child
- \_\_\_\_\_ Handling your child when he or she hits or bites
- \_\_\_\_\_ Dealing with "messes" at mealtime
- \_\_\_\_\_ Dealing with problem behaviors (for example, when your child demands your attention constantly, won't share, says no to everything, etc.)
- \_\_\_\_\_ Changing the house to make it safe for your curious child
- \_\_\_\_\_ Dealing with your child's expression of emotions, including anger, rage, fear and sadness

### **Three to Five Years Old (Preschoolers)**

- \_\_\_\_\_ Dealing with your child's jealousy
- \_\_\_\_\_ Answering questions about sexuality/body parts
- \_\_\_\_\_ Taking care of a sick child
- \_\_\_\_\_ Dealing with your child's fears, such as nightmares about monsters
- \_\_\_\_\_ Finding a preschool for your child
- \_\_\_\_\_ Working as a volunteer in your child's school
- \_\_\_\_\_ Keeping your child safe from strangers

- \_\_\_\_\_ Teaching your child right from wrong
- \_\_\_\_\_ Cooking for your child
- \_\_\_\_\_ Bathing your child
- \_\_\_\_\_ Dealing with a child who lies
- \_\_\_\_\_ Dealing with bed wetting
- \_\_\_\_\_ Helping your child learn to read
- \_\_\_\_\_ Teaching your child a sports skill, such as throwing or catching a ball
- \_\_\_\_\_ Having birthday parties for your child

### **Six to 10 Years Old (School-Age)**

- \_\_\_\_\_ Selecting a school for your child's first grade
- \_\_\_\_\_ Helping your child with homework
- \_\_\_\_\_ Attending PTA meetings
- \_\_\_\_\_ Disciplining a child for inappropriate behavior, such as stealing, disobeying in school, etc.
- \_\_\_\_\_ Teaching your child values
- \_\_\_\_\_ Giving your child chores around the house
- \_\_\_\_\_ Taking your child shopping for clothes and toys
- \_\_\_\_\_ Playing sports with your son
- \_\_\_\_\_ Playing sports with your daughter
- \_\_\_\_\_ Dealing with your child's feelings, including sadness, anxiety, anger, etc.
- \_\_\_\_\_ Stimulating your child's intellect
- \_\_\_\_\_ Monitoring what your child reads, watches on television, listens to on the radio, searches on the Internet, etc.
- \_\_\_\_\_ Taking your child on school/family outings
- \_\_\_\_\_ Becoming a baseball coach or troop leader
- \_\_\_\_\_ Teaching your child the facts of life
- \_\_\_\_\_ Encouraging your child's independence
- \_\_\_\_\_ Teaching your child about his or her cultural heritage